



Volunteers: Frequently Asked Questions

1. Is there an age policy for volunteering?

There is no upper limit for people over 18, and we recognise the valuable contribution made by volunteers that can bring knowledge and experience. However, volunteers are discouraged from continuing beyond a point detrimental to the health and safety of themselves or others, or when tasks become too onerous.

Volunteers who are under 18 cannot volunteer with us individually. However, children are most welcome to volunteer with us so long as they are accompanied by a parent or guardian. Children between the ages of 16–18 can also volunteer with us through student and work placements. These are organised between the Trust and schools and colleges. Some volunteering opportunities for under 18s can be organised on a group basis. These tend to be of a practical nature and need to be arranged with the Trust Manager and adults must accompany the group.

2. Do you need prior experience to become a volunteer?

No experience necessary! We aim to encourage people from all walks of life, with a variety of life experiences to become volunteers; some roles may require special skills or experience, but most allow you to learn as you go along. EMRT offers a wide range of training and mentoring opportunities that can be delivered by volunteers themselves and members of staff.

3. How much time do I need to commit?

You decide how much time you wish to give. Some people volunteer every week, once a month, or may be a few times a year. Some roles may require more commitment than others, but this will be discussed with you before you start volunteering. We are very grateful for all time offered by volunteers even if it's just a few hours.

4. What work will it involve?

Opportunities vary depending on the project, these might include pulling up invasive plants along the riverbank, installing new river habitat structures for wildlife or helping with community events.

5. How will I know what to do?

We try to offer a varied annual programme of training opportunities and events. We will do our best to ensure that you are made aware of these opportunities through email correspondence and/or our website and social media.

6. I want to start a project of my own!

If you are keen to start a project, which you think could do with the support of EMRT, then get in touch.

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A BIG THANK YOU FOR ALL YOUR HARD WORK AND DEDICATION

